

1. Let your heart guide you. It whispers, so listen closely. *The Land Before Time*
2. It's hard to make a comeback if you haven't been anywhere.
3. The rooster crows but the hen delivers the goods.
4. If life gets a little rocky please remember...without the rain, there would be no rainbow...without the winter, there would be no spring. Every trial comes within it the potential for triumph waiting to be brought forth...by you. *Linda Lee Elrod*
5. When one tugs on a single thing in nature, he finds it attached to the rest of the world. *John Muir*
6. Good timber does not grow with ease; the stronger the wind the stronger the trees. *J. Marriott*
7. There are too many people praying for mountains of difficulty to be removed, when what they need is courage to climb them.
8. Please be patient. God isn't finished with me yet.
9. Only some of us learn by the mistakes of others. The rest of us have to be the others.
10. I was planning for the future and suddenly the present hit me in the face.
11. Belong to God and become a wonder to yourself.
12. Oh Lord, help my words to be gracious and tender, for tomorrow I may have to eat them.
13. What is a friend? A single soul which dwells in two bodies. *Aristotle*
14. Great spirits have always encountered violent opposition from mediocre minds. *Albert Einstien*
15. The heart has its reasons which reason cannot know. *Pacal*
16. Absence is to love what wind is to fire; it extinguishes the small and it enkindles the great. *Comte DeBussy Rabutin*
17. Even a good horse cannot wear two saddles. *Chinese Proverb*
18. Life has two rules: 1. Never quit! 2. Always remember rule number 1. *Duke Ellington*
19. In today already walks tomorrow. *Coleridge*
20. It is only with the heart that one can see rightly, what is essential is invisible to the eye. *Antoine de Saint-Exupery*
21. The only thing necessary for the triumph of evil is for good men to do nothing. *Edmund Burke*
22. Mother - A person who is physically handicapped because she only has two hands.
23. What is the sound of one hand clapping?
24. There are two lasting bequests we can give our children: One is roots. The other is wings. *Hodding Carter, Jr.*
25. If you do not understand my silence, you will not understand my words.
26. We cannot direct the wind but we can adjust the sails.
27. Anyone who has never made a mistake has never tried anything new. *Albert Einstein*
28. Dreams seem such fragile things and yet they are strong enough to hold tomorrow's bright promise.
29. Since people learn the most by imitation, they need models rather than critics.
30. You cannot plow the field by turning it over in your mind.
31. Speak softly, and carry a big stick; you will go far. *Theodore Roosevelt*
32. We must view young people not as empty bodies to be filled, but as candles to be lit. *Robert H. Shaffer*
33. You can't do much about the length of your life, but you can do a lot about its depth and width.
34. Coming together is a beginning; keeping together is progress; working together is success. *Henry Ford*
35. We are what we repeatedly do. *Aristotle*
36. Never grow a wishbone where your backbone ought to be. *Clementine Paddleford*
37. Those that know don't tell. Those that tell, don't know.
38. Personally, I carry a gun because I'm too young to die and too old to take an ass whoopin'
39. A successful man is one who can build a firm foundation with the bricks that others throw at him. *David Brinkley*
40. People say that motivation doesn't last. Well, neither does bathing, that's why we recommend it daily. *Zig Ziegler*
41. Don't ever take down a fence until you know why it was put up. *Robert Frost*
42. Character is not made in crisis - it is only exhibited. *Freeman*
43. The secret of staying young is to find an age you really like and stick with it.
44. The older I get, the faster I was.
45. Life is too short to dance with ugly men.
46. There is more to life than increasing its speed. *Mahatma Gandhi*
47. If opportunity doesn't knock, build a door. *Milton Berle*
49. History teaches us that men and nations behave wisely once they have exhausted all other alternatives. *Abba Eban*
50. Always do right. This will gratify some people and astonish the rest. *Mark Twain*

51. The more I practice, the luckier I get.
52. If you can DREAM it, you can DO it. *Walt Disney*
53. Karate begins and ends with courtesy. *Gichin Funakashi*
54. Knowing others is wisdom. Knowing yourself is enlightenment. *Lao Tzu*
55. Karate is for life, not points.
56. Dogs think they're human but cats think they're Gods!
57. One evening an old Cherokee told his grandson about a battle that goes on inside people. He said, "My son, the battle is between two wolves inside us all. One is Evil. It is anger, resentment, envy, jealousy, sorrow, regret, greed, arrogance, self-pity, guilt, inferiority, lies, false pride, superiority, selfishness, and ego. The other wolf is Good. It is joy, peace, love, hope, serenity, humility, kindness, forgiveness, benevolence, empathy, generosity, truth, compassion, and faith." The grandson thought for a minute and then asked his grandfather, "Which wolf wins?" The old Cherokee simply replied, "The one you feed."
58. A cat has 32 muscles in each ear.
59. A dragonfly has a lifespan of 24 hours.
60. A goldfish has a memory span of three seconds.
61. Peanuts are one of the ingredients of dynamite.
62. You either want to do something or you don't; it's seldom that you can't.
63. Birth is only an event, the path man walks is his life.
64. If the going seems easy, you're probably going downhill.
65. What did you buy with the time you spent?
66. If you think you can or if you think you can't, you're right.
67. Keep an open mind; something might drop in.
68. Go out on a limb; that's where the fruit grows.
69. Obstacles are those things that get in the way when you take your eye off the goal.
70. You are becoming what you are going to be.
71. A person can fall many times, but he is never a failure until he says someone pushed him.
72. Goals are dreams with deadlines.
73. Each of us is the last frontier.
74. Never be afraid to try something new. Remember, amateurs built the ark. Professionals built the Titanic.
75. Even if you are on the right track, you'll get run over if you just sit there. *Mark Twain*
76. There will always be death and taxes; however, death doesn't get worse every year.
77. It's frustrating when you know all the answers, but nobody bothers to ask you the questions.
78. If you are not living on the edge you are taking up too much space.
79. "Never trust a dog to watch your food." *Patrick, age 10*
80. "When your dad is mad and asks you, 'Do I look stupid?' don't answer" *Hannah, age 9*
81. "Never pee on an electric fence" *Robert, age 13*
82. "When your mom is mad at your dad, don't let her brush your hair." *Taylia, age 11*
83. "If you want a kitten, start out by asking for a horse." *Naomi, age 15*
84. "Never try to baptize a cat." *Eileen, age 8*
85. If the world didn't suck we'd all fall off.
86. The things that come to those who wait may be the things leftover by those who got there first.
87. Light travels faster than sound. This is why some people appear bright until you hear them speak.
88. If the enemy is in range, so are you. *Infantry Journal*
89. Whoever said the pen is mightier than the sword probably never encountered automatic weapons. *Gen. McArthur*
90. Five second fuses only last three seconds. *Infantry Journal*
91. Never tell the Platoon Sergeant you have nothing to do. *Unknown Marine Recruit*
92. If you see a bomb technician running, follow him. *USAF Ammo Troop*
93. The only time you have too much fuel is when you're on fire.
94. When one engine fails on a twin-engine airplane, you always have enough power left to get you to the scene of the crash.
95. Never trade LUCK for SKILL!
96. Mankind has a perfect record in aviation; we never left one up there.

97. There is NO reason to fly through a thunderstorm in peacetime. *Sign over squadron ops desk. 1970*
98. You know that your landing gear is up and locked when it takes full power to taxi to the terminal.
99. I have never hated a man enough to give his diamonds back. *ZaZa Gabor*
100. Only Irish coffee provides, in a single glass, all four essential food groups: alcohol, caffeine, sugar, and fat.
101. Money can't buy you happiness...but it does bring you a more pleasant form of misery. *Spike Milligan*
102. I am opposed to millionaires...but it would be dangerous to offer me the position. *Mark Twain*
103. Until I was thirteen, I thought my name was ShutUp. *Joe Namath*
104. I don't feel old. I don't feel anything until noon. Then it's time for my nap. *Bob Hope*
105. I never drink water because of the disgusting things that fish do in it. *W.C. Fields*
106. We could certainly slow the aging process down if it had to work its way through Congress. *Will Rogers*
107. Maybe it's true that life begins at fifty...but everything else starts to wear out, fall out, or spread out.
Phyllis Diller
108. Fighting for peace is like fucking for virginity.
109. You get what you need.
110. Not everybody can live upstream.
111. Extinct is forever.
112. Born again pagan.
113. Wage Peace
114. You cannot simultaneously prevent and prepare for war. *Albert Einstein*
115. To be a success in business, be daring, be first, be different. *Marchant*
116. Practice random acts of kindness and senseless acts of beauty.
117. An optimist is someone who sees the light at the end of the tunnel. A pessimist is someone who sees the optimist as the one who got him in the tunnel in the first place.
118. Worry is interest paid on trouble before it comes due.
119. The grand show is eternal, it is always sunrise somewhere; the dew is never all dried at once, a shower is forever falling, vapor is ever rising; eternal sunrise, eternal sunset, eternal dawn and gloaming. *John Muir*
120. We may give without loving, but we cannot love without giving.
121. Insanity is doing things the same way this year as you did last year and expecting different results.
122. Lord, make me an instrument of thy Peace. Where there is hatred, let me sow Love. Where there is injury, Pardon. Where there is doubt, Faith. Where there is despair, Hope. Where there is darkness, Light.
123. A major form of charity is giving someone the benefit of the doubt.
124. No man is rich enough to buy back his past.
125. The most expensive peace is cheaper than the cheapest war.
126. No one can make you feel inferior without your consent. *Eleanor Roosevelt*
127. To clothe the fiery thought in simple words succeeds, for still the craft of genius is to mask a king in weeds.
Ralph Waldo Emerson
128. He who has no hands perforce must use his tongue; foxes are so cunning because they are not strong. *Ralph Waldo Emerson*
129. Hope is the thing with feathers that perches in the soul, and sings the tune without the words, and never stops at all. *Emily Dickinson*
130. And Love is reflected in Love.
131. Let go of the old world and a new one will grow around you like a new skin.
132. To forgive is to set a prisoner free...and discovering that prisoner was You!
133. You can't scream with the eagles in the morning when you hoot with the owls at night.
134. A boy has two jobs...one is just being a boy...the other is growing up to be a man. *Herbert Hoover*
135. One joy dispells a hundred cares.
136. Young adults and teenagers, if you are tired of being hassled by unreasonable parents NOW is the time for ACTION leave home and pay your own way while you still know everything!
137. All the flowers of all the tomorrows are in the seeds of today.
138. If I accept the sunshine and the warmth I must also accept the thunder and lightning.
139. God does not deduct from the time of man those hours spent fishing.
140. A close mouth gathers no foot.

141. There's something that I'd like to say but words only go so far. If I had my way I'd reach into heaven and pull you down a star. *Jim Croce*
142. Rainbows are upside down smiles.
143. You can no more win a war than you can win an earthquake.
144. When you're over the hill you pick up speed!
145. Laughter is inner jogging. *Norman Cousins*
146. Perfection is the mean between extremes. *Aristotle*
147. Live one day at a time and make it a masterpiece!
148. Treat the earth well: it was not given to you by your parents, it was loaned to you by your children. We do not inherit the Earth from our Ancestors, we borrow it from our Children. *Indian Proverb*
149. If you don't stand for something, you'll fall for anything.
150. Don't ever think you know what's right for another person. He might start to think he knows what's right for you.
151. The great thing about Mary is that her Son turned out so well. Allelulia!
152. Nature is a mutable cloud which is always and never the same. *Ralph Waldo Emerson*
153. A politician is an animal that can sit on a fence and keep both ears to the ground. *H.L. Mencken*
154. Of course I don't look as busy as the men, I did it right the first time.
155. War never proves who is right...only who is left.
156. A good friend will come and bail you out of jail...but, a true friend will be sitting next to you saying, "Darn... that was fun!"
157. Wouldn't it be nice if whenever we messed up our life we could simply press 'Clrt Alt Delete' and start all over? AMEN, AMEN!!
158. Art is a lie which makes us realize the truth. *Picasso*
159. Too much of a good thing can be wonderful. *Mae West*
160. We're lost but we're making good time. *City Slickers*
161. Work like you don't need the money. Love like you've never been hurt. Dance like nobody's watching. Sing like nobody's listening. Live like it's Heaven on Earth.
162. At the end of the game the pawn and king go in the same box.
163. The most dangerous thing in the world is to try and jump a chasm in two jumps.
164. Life is not measured by the number of breaths we take, but by the moments that take our breath away.
165. You are not in charge of the universe. You are only in charge of yourself.
166. Shoot for the moon. Even if you miss, you'll land among the stars.
167. Life is not a journey to the grave with the intention of arriving safely and in a pretty and well-preserved body, but rather a skid in broadside, thoroughly used up, totally worn-out, and loudly proclaiming..."Wow! What a ride!"
168. When you get to the end of your rope -- tie a knot in it and hang on. *Eleanor Roosevelt*
169. Don't walk behind me; I may not lead. Don't walk in front of me; I may not follow. Walk beside me that we may be as one. *Ute*
170. We will be known by the tracks we leave. *Dakota*
171. Love is what's in the room with you at Christmas if you stop opening presents and listen. *Bobby, age 7*
172. What is Love? Upon seeing his next door neighbor, who had just lost his wife, sitting on the back porch crying a little four year old boy went into the old gentleman's yard, climbed into his lap, and just sat there. When his Mother asked him what he had said to the neighbor, the little boy said, "Nothing, I just helped him cry."
173. There is no way to peace. Peace is the way. *A.J. Muste*
174. If I lack the courage to start, I have already finished.
175. The pursuit of happiness is the chase of a lifetime! It is never too late to become what I might have been.
176. A truly happy person is one who can enjoy the scenery on a detour.
177. Life is short, break the rules...Forgive quickly, Love truly, Laugh uncontrollably, and Never regret anything that made you smile.
178. Life may not be the party we hoped for, but while we're here we should dance.
179. Excellence...can be attained if you... care more than others think is wise, risk more than others think is safe, dream more than others think is practical, expect more than others think is possible.
180. Behold the turtle, he only makes progress when he sticks his neck out.